



**invites you to work & play with
YVONNE FUCHS – artist,
therapist, Neurolinguistic
programming teacher visiting
from London.**

Enhance your creativity and self-awareness by engaging with this dynamic, enthusiastic teacher who combines business acumen and broad managerial experience with an art educator's passion for creativity and its role in personal and community development.

In **“The Art of Knowing Yourself”** Yvonne Fuchs lectures on and demonstrates Neurolinguistic programming (Friday, Nov 3, 7-9pm, \$10). Saturday's workshop, **“Transforming Patterns of Experience,”** combines her experience in Neurolinguistic programming with her skills as artist, therapist, and coach to provide a liberating and yet grounded way to attain your own creative ambitions. (Nov 4, 9am-5pm, \$60, lunch included).

On November 10-11, Yvonne Fuchs collaborates with Beth and Mel Keiser, co-directors of Common Light, and workshop participants in **Symbolizing Self and Nature: The Art of Creating our Connection to Earth Energy**. Join us for a simple supper Friday evening, followed by poetry sharing; on Saturday we'll make earth art, enjoy a writing workshop, and hold a closing ritual by the converging streams at Common Light Meetingplace. (Friday, 5:30-9pm, Saturday 9am-5pm, \$30, materials and food; donations welcome).

For over 28 years, Yvonne has been involved in the creative world. She is a painter whose works are regularly shown in one-woman shows and group exhibitions. Her textile design firm produced design projects for household names in the fashion and furnishing industries in Europe and the USA. As an art educator, she has broad consulting, teaching, and administrative experience in both vocational and community art programs. She conducts one-to-one person-centered art therapy and group courses under the brand, “the art of knowing yourself.”

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Register at 828-669-3616 or info@commonlight.org